

Sylvanus Restaurant

Menu

ALLERGY ADVICE

Some of our dishes may be prepared in the presence of allergenic ingredients, as such we therefore cannot guarantee our dishes are 100% free of these ingredients. If you have an allergy, please inform a member of our team upon ordering.

V- Vegetarian VG- Vegan GF- Gluten Free

STARTERS

Seasonal Soup of the day Served with crusty rolls <i>Contains: Dairy, Gluten</i>	7.95	Sweet potato and Beetroot Tortelloni With goats cheese <i>Contains: Dairy, Gluten (V, VG available upon request)</i>	8.95
Vegan Red Lentil Soup Served with crusty rolls <i>Contains: Gluten (VG)</i>	7.95	Seared Scallops Served with pumpkin puree, crispy Hampshire chorizo <i>Contains: Dairy, Molluscs (GF)</i>	12.95
Wild Mushroom Stroganoff Served on a brioche toast <i>Contains: Dairy, Eggs, Gluten (V)</i>	8.95	Trio of Smoked Fish Hampshire trout, salmon and mackerel. Served with beetroot tartare on brioche toast & mustard dressing. <i>Contains: Fish, Mustard, Gluten</i>	12.95

MAIN COURSES

15oz Aged T-Bone steak Served with choice of peppercorn, mushroom or béarnaise sauce <i>Contains: Dairy, Eggs (GF)</i>	34.95	Stone Bass Fillet Served with crushed potato cake, samphire, and saffron sauce <i>Contains: Dairy, Fish (GF)</i>	23.95
10oz Aged Rib-Eye Steak Served with choice of peppercorn, mushroom or béarnaise sauce <i>Contains: Dairy, Eggs (GF)</i>	33.95	Risotto Asparagus and saffron risotto <i>Contains: Dairy (GF, V, VG available upon request)</i>	17.95
Rump of Lamb Served with bean ragu, lemon couscous & herb jus <i>Contains: Dairy, Gluten</i>	27.50	Pumpkin and Sage Tortelloni Served with a herb tomato sauce <i>Contains: Dairy, Gluten (V, VG)</i>	17.95
Corn Fed Spatchcock Poussin Served with roast potatoes and tarragon sauce <i>Contains: Dairy (GF)</i>	23.95	Sweet Potato Curry With broccoli, carrots, coriander, coconut with steamed lemon rice and naan bread <i>Contains: Gluten (VG)</i>	17.95
Crispy Hampshire Pork Belly Served with colcannon mash, glazed carrots and gravy <i>Contains: Dairy (GF)</i>	22.95	Aubergine Cannelloni With spinach, vegan cheese and herb tomato sauce <i>Contains: Soya (GF, VG)</i>	17.95

SIDES

Glazed Carrot and Parsnips	4.95	Skinny Fries	4.95
Roast Potatoes	4.95	Sweet Potato Fries	4.95
Triple Cooked Truffle Chunky chips	4.95	Broccoli with Garlic, Chilli and Soy Sauce <i>Contains: Soya</i>	4.95
Truffle Skinny Fries with Parmesan <i>Contains: Dairy</i>	4.95	Garden Salad <i>Contains: Mustard</i>	4.95

DESSERTS

Vegan Ice Cream <i>Contains: Soya (GF, VG)</i>	6.50	Apple Tarte Tatin Served with vanilla ice cream <i>Contains: Dairy, Gluten (V)</i>	8.95
Selection of Dairy Ice Cream <i>Contains: Dairy, Eggs, Gluten, Tree Nuts (V)</i>	6.50	Raspberry White Chocolate Bread and Butter Pudding Served with Crème Anglaise <i>Contains: Dairy, Eggs, Gluten (V)</i>	8.95
Classic Crème Brûlée <i>Contains: Dairy, Eggs (GF, V)</i>	7.50	Cheese Platter Selection of British and local Hampshire cheese served with grapes, crackers, celery and homemade chutney <i>Contains: Dairy, Gluten, Celery (V)</i>	10.95
Flourless Chocolate Cake Served with vanilla ice cream and chocolate syrup <i>Contains: Dairy, Eggs (GF, V)</i>	8.95		

LOCAL PRODUCE

Whenever possible we buy the best produce from Hampshire and other U.K producers and suppliers.

OUR SUPPLIERS:

>> Cooper Foods >> Capital Seafoods >> Smith and Brock



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ELVETHAM